

A Lexington Medical Center Physician Practice

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## **Fasting Blood Sugar Log**

| Date | Time |               | Blood Sugar Level | Comments |
|------|------|---------------|-------------------|----------|
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |
|      |      | □ a.m. □ p.m. |                   |          |